

# Coalition for the Application and Advancement of Psychological Science (CAAPS)

## Psychology Expert Media Panel

CAAPS is a coalition of professional associations that are committed to the dissemination of psychological science.

CAAPS associations currently include:

### Member Groups

Academy of Cognitive Therapy ([ACT](#))  
Academy for Eating Disorders ([AED](#))  
Academy of Psychological Clinical Science ([APCS](#))  
American Psychological Association ([APA](#), Clinical Practice Guidelines)  
Anxiety and Depression Association of America ([ADAA](#))  
Association for Behavioral and Cognitive Therapies ([ABCT](#))  
Council of Graduate Departments of Psychology ([COGDOP](#))  
Council of University Directors of Clinical Psychology ([CUDCP](#))  
Society of Behavioral Medicine ([SBM](#))  
Society of Clinical Child & Adolescent Psychology ([SCCAP](#), APA Division 53)  
Society for Research in Psychopathology ([SRP](#))  
Society for a Science of Clinical Psychology ([SSCP](#))

### Currently in Observer Role

Association for Psychological Science ([APS](#))  
Psychological Clinical Science Accreditation System ([PCSAS](#))  
Association of Psychology Postdoctoral and Internship Centers ([APPIC](#))

The CAAPS Psychology Expert Media Panel includes internationally renowned experts in psychological science who can offer the best possible commentary on the state of the scientific literature. Each member of this panel also has substantial experience working with the media, and each has agreed to be very responsive to media requests.

For more information about CAAPS or the CAAPS Expert Media Panel, please contact the CAAPS Executive Committee:

Bethany Teachman, Ph.D. ([bteachman@virginia.edu](mailto:bteachman@virginia.edu))  
Dean McKay, Ph.D., ([mckay@fordham.edu](mailto:mckay@fordham.edu))  
Mitch Prinstein, Ph.D. ([mitch.prinstein@unc.edu](mailto:mitch.prinstein@unc.edu))

## Table of Contents

<b>ADHD</b> <a href="#">Stephen Hinshaw</a>	<b>Couples Therapy &amp; Marriage Counseling</b> <a href="#">Brian Doss</a>	<b>Opioid Use</b> <a href="#">Kathryn McHugh</a>
<b>Adolescent Relationships &amp; Mental Health</b> <a href="#">Mitch Prinstein</a>	<b>Depression- Adults</b> <a href="#">Steven D. Hollon</a> <a href="#">Jutta Joormann</a>	<b>Parenting</b> <a href="#">Alan Kazdin</a>
<b>Anxiety – Youth</b> <a href="#">Anne Marie Albano</a> <a href="#">John Piacentini</a>	<b>Disruptive Behavior</b> <a href="#">Alan Kazdin</a>	<b>Personality Disorders</b> <a href="#">Joshua Buckholtz</a> <a href="#">Scott Lilienfeld</a>
<b>Anxiety – Adults</b> <a href="#">Jon Abramowitz</a> <a href="#">Kevin Chapman</a>	<b>Eating Disorders</b> <a href="#">Carolyn Becker</a> <a href="#">Cynthia Bulik</a> <a href="#">G. Terence Wilson</a>	<b>Pseudoscience</b> <a href="#">Scott Lilienfeld</a>
<b>Automatic Thought Processes</b> <a href="#">Bethany Teachman</a>	<b>Evidenced Based Practice</b> <a href="#">Dianne Chambless</a> <a href="#">Bruce Chorpita</a> <a href="#">Dean McKay</a> <a href="#">John Weisz</a> <a href="#">G. Terence Wilson</a>	<b>Post-Traumatic Stress Disorder – Youth</b> <a href="#">Katie McLaughlin</a>
<b>Autism</b> <a href="#">Catherine Lord</a>	<b>Hoarding</b> <a href="#">Gail Steketee</a>	<b>Post-Traumatic Stress Disorder – General</b> <a href="#">Debra Kaysen</a> <a href="#">Richard J. McNally</a>
<b>Behavioral Health Care Quality Assessment &amp; Improvement</b> <a href="#">Kimberly Hepner</a>	<b>LGBTQ</b> <a href="#">Brian Mutanski</a> <a href="#">John Pachankis</a>	<b>Self-Injury &amp; Suicide</b> <a href="#">Matthew Nock</a>
<b>Binge Eating &amp; Obesity</b> <a href="#">Denise Wilfley</a>	<b>Military &amp; Veteran Mental Health</b> <a href="#">Kimberly Hepner</a>	<b>Mental Health Stigma</b> <a href="#">Stephen Hinshaw</a>
<b>Bipolar Disorder</b> <a href="#">Sheri Johnson</a> <a href="#">David Miklowitz</a>	<b>Digital Mental Health Intervention &amp; Health</b> <a href="#">Muniya Khanna</a>	<b>Substance Abuse</b> <a href="#">Kenneth J. Sher</a>
<b>Chronic Pain</b> <a href="#">Bob Kerns</a> <a href="#">Risa Weisberg</a>	<b>Technology, Mental Health &amp; Neuroscience Imaging</b> <a href="#">Katie McLaughlin</a> <a href="#">John Torous</a>	
<b>Cognitive Behavioral Therapy</b> <a href="#">G. Terence Wilson</a>	<b>Obsessive Compulsive Disorder</b> <a href="#">Jon Abramowitz</a> <a href="#">Bunmi Olutunji</a>	

# ADHD

## *Stephen Hinshaw*

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**Expertise:** ADHD

**Other Areas of Expertise:**

- Learning and behavior disorders beyond ADHD, Clinical trials of psychosocial and pharmacologic treatments, Stigma surrounding mental illness

**Titles/Positions:**

- Professor of Psychology, UC Berkeley
- Professor of Psychiatry, UC San Francisco

**Contact Information:**

[hinshaw@berkeley.edu](mailto:hinshaw@berkeley.edu)

**Clinical Activities:** not currently offering services.

**Media Links:**

- [KQED Radio, July 2017](#)
- [KERA Think, July 2017](#)
- [NBC News, Dec. 2014](#)
- [NY Times, Feb. 2014](#)
- [Hinshaw Lab](#)

# Adolescent Relationships & Mental Health

## *Mitch Prinstein*

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**Expertise:** Adolescent Peer Relationships and Mental Health

**Other Areas of Expertise:**

Popularity, peer victimization, social media, friendship

**Title/Position:**

- John Van Seters Distinguished Professor of Psychology and Neuroscience, UNC Chapel Hill
- Director, Peer Relations Lab at UNC, Chapel Hill
- Board Certified Clinical Child and Adolescent Psychologist
- Author, *Popular: Finding Happiness and Success in a World That Cares Too Much About the Wrong Kinds of Relationships*, a book describing the role of popularity in society

**Contact Information:**

[mitch.prinstein@unc.edu](mailto:mitch.prinstein@unc.edu)

**Clinical Activities:** not currently offering services.

**Media Links:**

- [All Things Considered](#)
- [The New York Times](#)
- [The Atlantic](#)
- [The Wall Street Journal](#)

# Anxiety-Youth

***Anne Marie Albano***

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**Expertise:** Anxiety in Youth

**Other Areas of Expertise:**

- Anxiety, Depression, CBT, Diagnosis, Clinical trials, Stigma, Adolescents and young adults, Developmental issues, Parenting, Involving parents in treatment of adolescents and young adults.

**Title/Position:**

- Professor of Medical Psychology in Psychiatry
- Director of the Columbia University Clinic for Anxiety and Related Disorders (CUCARD)
- Clinical Director of the NYPH Youth Anxiety Center at CUCARD
- Co-Director at Washington Heights Columbia University Medical Center and New York State Psychiatric Institute, New York, NY

**Contact Information:**

[AnneMarie.Albano@nyspi.columbia.edu](mailto:AnneMarie.Albano@nyspi.columbia.edu)

**Clinical Activities:** currently treating adolescents, particularly those with anxiety disorders.

**Media Links:**

- [92nd Street, Y Feb. 2017](#)
- [Charlie Rose, April 2017](#)
- [NY Times, July 2016](#)
- [Big Think, July 2015](#)

## ***John Piacentini***

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**Expertise:** Anxiety in Youth

**Other Areas of Expertise:**

- OCD, Tourette/tic disorders, Hairpulling (Trichotillomania) and Skinpicking Disorders, Cognitive Behavior Therapy, Parenting, Impact of mental illness of families, Impact of social media on child stress/anxiety

**Title/Position:**

- Professor and Director, Center for Child Anxiety, Resilience, Education and Support (CARES), Department of Psychiatry and Biobehavioral Sciences, University of California, Los Angeles

**Contact Information:**

[jpiacentini@mednet.ucla.edu](mailto:jpiacentini@mednet.ucla.edu)

**Clinical Activities:** provides evaluation and treatment for OCD spectrum and related disorders through the UCLA Child OCD, Anxiety and Tic Disorders Program.

**Media Links:**

- [Today Show, Oct. 2016](#)
- [Vogue Magazine, Nov. 2016](#)
- [Kidsinthehouse.com](#)

# Anxiety-Adults

*Jon Abramowitz*

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**Expertise:** Anxiety in Adults, including OCD

**Other Areas of Expertise:**

- Anxiety, panic, health/illness anxiety, social anxiety, phobias, CBT, DSM-5

**Title/Position:**

- Professor and Associate Chair of Psychology and Neuroscience at UNC Chapel Hill

**Contact Information:**

[jabramowitz@unc.edu](mailto:jabramowitz@unc.edu)

919-843-8170

**Clinical Activities:** diagnoses, consults, and treats anxiety and related disorders including OCD in adults and families.

**Media Links:**

- <http://www.jabramowitz.com/>
- [UNC Chapel Hill](#)

## ***Kevin Chapman***

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**Expertise:** Anxiety in Adults, including OCD

**Other Areas of Expertise:**

- OCD, panic, social anxiety, agoraphobia, phobias, CBT, Multicultural considerations in treatment, sports performance/mental toughness, media psychology

**Title/Position:**

- Licensed Clinical Psychologist/Media Consultant

**Contact Information:**

[kevin@drkevinchapman.com](mailto:kevin@drkevinchapman.com)

502-468-9520

**Clinical Activities:** Assessments, diagnoses, consultations, and regular treatment of anxiety and related disorders in adults and adolescents; media psychology: provides expert consultations to several production companies and appears on various media broadcasts as program psychologist when anxiety/CBT is of relevance; provides mental skills training for athletes at various levels.

**Media Links:**

- <http://drkevinchapman.com>
- [Bloomberg](#)
- [USA Today](#)
- [New York Magazine](#)

# Automatic Thought Processes

***Bethany Teachman***

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**Expertise:** Anxiety disorders, implicit and explicit cognitive biases

**Other Areas of Expertise:**

- eHealth, cognitive behavior therapy, clinical practice guidelines

**Title/Position:**

- Professor of Psychology, University of Virginia
- Chair, Coalition for the Advancement and Application of Psychological Science

**Contact Information:**

[bat5x@virginia.edu](mailto:bat5x@virginia.edu)

**Clinical Activities:** Director of Clinical Training, Therapist, Clinical supervisor.

**Media Links:**

- [Bustle](#)
- [NBC29 News](#)
- [News Radio WINA/Z95.1](#)
- [Psych Central](#)
- [Press Link](#)

# Autism

## *Catherine Lord*

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**Expertise:** Autism

**Titles and Positions:**

- Professor of Psychology in Psychiatry and Pediatrics, Weill Cornell Medical College
- DeWitt Wallace Senior Scholar, Weill Cornell Medical College, Cornell University
- Director, Center for Autism and the Developing Brain at Weill Cornell Medical College/New York-Presbyterian Hospital and Columbia University Medical Center
- Attending Psychologist, New York-Presbyterian Hospital
- Teachers College, Columbia University

**Contact Information:**

[cal2028@med.cornell.edu](mailto:cal2028@med.cornell.edu)

**Clinical Activities:** diagnoses and treats children with ASD.

**Media Links:**

- [New York Presbyterian](#)
- [Weill Cornell Medical College](#)

# Behavioral Health Care Quality Assessment/Improvement

*Kimberly Hepner*

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**Expertise:** Behavioral health care quality assessment/improvement (MH, SUD); Military and veteran mental health (PTSD, MDD, SUD)

**Title/Position:**

- Senior Behavioral Scientist, RAND Corporation

**Contact Information:**

[media@rand.org](mailto:media@rand.org)

310-451-6913

**Clinical Activities:** licensed clinical psychologist who delivers evidence-based psychotherapy to adolescent and adult patients.

**Media Links:**

- [RAND Corporation](#)
- [CBS News, Oct. 2016](#)
- [USA Today, Feb. 2016](#)
- [Washington Post, Feb. 2016](#)
- [NY Daily News, Aug. 2015](#)

# Binge Eating and Obesity

*Denise Wilfley*

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**Expertise:** Binge Eating/Obesity

**Other Areas of Expertise:**

- Eating disorders, Interpersonal Psychotherapy for the treatment of ED, Family-based behavioral treatment (FBT)

**Titles and Positions:**

- Scott Rudolph University Professor of Psychiatry, Medicine, Pediatrics, and Psychological & Brain Science, Washington University in St. Louis

**Contact Information:**

[wilfleyd@wustl.edu](mailto:wilfleyd@wustl.edu)

**Clinical Activities:** not currently offering direct clinical services, but I am a licensed clinical psychologist and specialize in eating disorders, Interpersonal Psychotherapy, and family-based behavioral treatment.

**Media Links:**

- [Weight Management & Eating Disorders Program](#)
- [Washington University School of Medicine](#)
- [TEDx Talk, March 2017](#)
- [Medscape, April 2015](#)
- [TIME Magazine, Jan. 2015](#)

# Bipolar Disorder

*Sheri Johnson*

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**Expertise:** Bipolar Disorder

**Title/Position:**

- Professor of Psychology and Director of Cal Mania (CALM) Program, University of California Berkeley

**Contact Information:**

[sljohnson@berkeley.edu](mailto:sljohnson@berkeley.edu)

**Clinical Activities:** provides adult assessment, and treatment development research focused on impulsivity and bipolar disorder.

**Media Link:** [CALM Program](#)

## ***David Miklowitz***

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**Expertise:** Bipolar Disorder

**Other Areas of Expertise:**

- Bipolar disorder: effects of Family factors and family interventions across age ranges; early intervention studies

**Title/Position:**

- Professor of Psychiatry, UCLA School of Medicine

**Contact Information:**

[dmiklowitz@mednet.ucla.edu](mailto:dmiklowitz@mednet.ucla.edu)  
310-267-2659

**Clinical Activities:** currently seeing kids, adolescents and young adults with bipolar spectrum disorders.

**Media Links:**

- [UCLA Semel Institute](#)
- [Child & Adolescent Mood Disorders Program](#)

# Chronic Pain

## *Bob Kerns*

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**Expertise:** Pain and pain management

**Other Areas of Expertise:**

- Veteran health; public service psychology; behavioral medicine; cognitive behavioral therapy for health related problems and concerns; complementary and integrative health approaches; technology assisted self-management interventions; opioid therapy risk mitigation

**Titles/Position:**

- Professor, Departments of Psychiatry, Neurology and Psychology, Yale University

**Contact Information:**

Robert.kerns@yale.edu

**Clinical Activities:** I am not currently engaged in providing clinical care. I am a licensed clinical psychologist with a long history of providing clinical care to Veterans and civilians for a broad array of health and mental health concerns

**Media Link:**

- [Yale School of Medicine](#)
- [Pain Management Collaboratory](#)
- [Jama Network](#)

## ***Risa Weisberg***

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**Expertise:** Chronic Pain

**Other Areas of Expertise:**

- Anxiety, sexual dysfunction

**Titles/Position:**

- Assistant Chief of Psychology & Internship Training Director, VA Boston Healthcare System
- Professor of Psychiatry, Boston University School of Medicine
- Adjunct Professor of Psychiatry and Human Behavior and of Family Medicine, Alpert Medical School of Brown University

**Contact Information:**

[risaw@bu.edu](mailto:risaw@bu.edu)

508-735-5901

**Clinical Activities:** Assessments, diagnoses, consultation, couples therapy

**Media Link:** [Sexual Dysfunction: A Guide for Assessment and Treatment](#)

# Cognitive Behavioral Therapy

***G. Terence Wilson***

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**Expertise:** CBT, Evidence-Based Practice, Eating Disorders

**Titles/Position:**

- Oscar K. Buross Professor of Psychology, Rutgers University

**Contact Information:**

[tewilson@rci.rutgers.edu](mailto:tewilson@rci.rutgers.edu)

**Clinical Activities:** formerly treated adults with eating disorders, anxiety, and depression.

**Media Link:** [Rutgers University](#)

# Couples Therapy and Marriage Counseling

***Brian Doss***

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**Expertise:** Couple Therapy and Marriage Counseling

**Other Areas of Expertise:**

- Online programs to improve relationships, Divorce, Couple's adjustment to having first child / transition to parenthood

**Title/Position:**

- Associate Professor of Psychology, University of Miami
- Director of OurRelationship.com

**Contact Information:**

[bdoss@miami.edu](mailto:bdoss@miami.edu)

**Clinical Activities:** treats relationship distress via online treatments; supervises doctoral students in couple therapy.

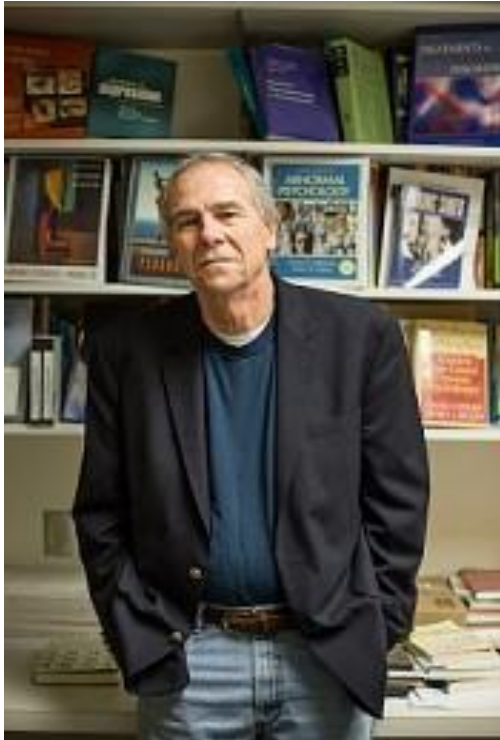
**Media Links:**

- [Merced Sun-Star, Feb. 2013](#)
- [NY Times, June 2010](#)
- [University of Miami](#)
- [www.ourrelationship.com](http://www.ourrelationship.com)

# Depression-Adults

***Steven D. Hollon***

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**Expertise:** Depression in Adults

**Other Areas of Expertise:**

- Depression, treatment and prevention, long-term enduring effects, clinical practice guidelines

**Title/Position:**

- Gertrude Conaway Vanderbilt Professor of Psychology, Vanderbilt University

**Contact Information:**

[steven.d.hollon@vanderbilt.edu](mailto:steven.d.hollon@vanderbilt.edu)

**Clinical Activities:** diagnoses and treats depressed adults in the context of his research studies.

**Media Link:** [Vanderbilt University](#)

## ***Jutta Joormann***

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**Expertise:** Depression in Adults

**Other Areas of Expertise:**

- Suicide, Anxiety Disorders

**Title/Position:**

- Professor of Psychology, Yale University
- Director of the Yale Affect Regulation and Emotion (ARC) Lab

**Contact Information:**

[jutta.joormann@yale.edu](mailto:jutta.joormann@yale.edu)

**Clinical Activities:** not currently offering services.

**Media Links:**

- [Yale University](#)
- [YaleCourses, May 2013](#)

# Disruptive Behavior

***Alan Kazdin***

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**Expertise:** Disruptive Behavior and Parenting

**Other Areas of Expertise:**

- Child rearing practices, Handling child anxiety, Fostering parent-child communication, Spanking, Alternatives to punishment; Adolescent development and parenting, Bullying, Stress and its psychological and biological impact (adults, children), Children and adolescents and the media (e.g., video games, internet, the news, reliance on phones and tablets), Managing divorce (e.g., conflict, custody), Child psychiatric disorders, Mental health services for adults in the US, Psychological treatments for adults and children, School shootings, Child abuse, Parent abuse, Domestic violence.

**Titles and Positions:**

- Sterling Professor of Psychology and Child Psychiatry, Yale University
- Director of the Yale Parenting Center

**Contact Information:**

[alan.kazdin@yale.edu](mailto:alan.kazdin@yale.edu)

**Clinical Activities:** not currently offering services.

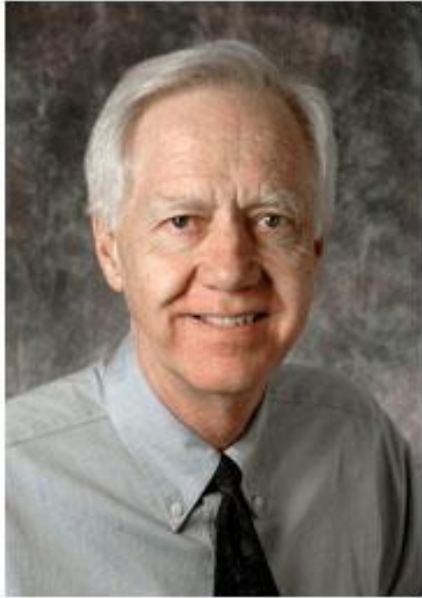
**Media Links:**

- [alankazdin.com](http://alankazdin.com)
- [Yale Parenting Center](#)
- [TODAY Show, 2014](#)
- [The Wall Street Journal, Dec. 2012](#)
- [Dr. Phil Show, June 2011](#)
- [Big Think, May 2011](#)

# Eating Disorders

***G. Terence Wilson***

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**Expertise:** CBT, Evidence-Based Practice, Eating Disorders

**Titles and Positions:**

- Oscar K. Buros Professor of Psychology, Rutgers University

**Contact Information:**

[tewilson@rci.rutgers.edu](mailto:tewilson@rci.rutgers.edu)

**Clinical Activities:** formerly treated adults with eating disorders, anxiety, and depression.

**Media Link:** [Rutgers University](#)

## ***Cynthia Bulik***

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**Expertise:** Eating Disorders

**Titles/Positions:**

- Distinguished Professor of Eating Disorders, University of North Carolina, Chapel Hill
- Founding Director of the University of North Carolina Center of Excellence for Eating Disorders

**Contact Information:**

[cbulik@med.unc.edu](mailto:cbulik@med.unc.edu)

**Clinical Activities:** not currently performing direct clinical work; however, I am a licensed clinical psychologist and continue to supervise psychotherapy in clinical trials for eating disorders.

**Media Links:**

- [Center of Excellence for Eating Disorders](#)
- [UNC Department of Psychiatry](#)
- [Karolinska Institute, Nov. 2015](#)
- [TODAY Show, April 2014](#)
- [Katie Couric Interview, Sept. 2012](#)

## ***Carolyn Becker***

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**Expertise:** Eating Disorders & Body Image

**Titles/Positions:**

- Professor of Psychology, Trinity University, San Antonio, TX

**Contact Information:**

[cbecker@trinity.edu](mailto:cbecker@trinity.edu)

**Clinical Activities:** not currently performing direct clinical work; I am a licensed clinical psychologist and board certified in behavioral and cognitive psychology. Clinical specialties include eating disorders, PTSD, and anxiety disorders. Extensive experience using exposure therapy with adults.

**Media Links:**

- [Selected Works](#)
- [Body Project Collaborative](#)
- [NY Times, Feb. 2013](#)
- [TIME Magazine, Aug. 2011](#)
- [TIME Magazine, Oct. 2010](#)
- [StudioAPilates, June 2010](#)

# Evidence-Based Practice

## *Dianne Chambless*

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**Expertise:** Evidence-Based Practice

**Other Areas of Expertise:**

- Anxiety Disorders, Cognitive-Behavioral Therapy, Family Relationships and Outcome of Treatment

**Titles/Positions:**

Professor of Psychology, University of Pennsylvania

**Contact Information:**

[chambless@psych.upenn.edu](mailto:chambless@psych.upenn.edu)

**Clinical Activities:** diagnoses and treats adults and couples dealing with anxiety problems.

**Media Links:**

- [University of Pennsylvania](#)
- [NY Times, June 2015](#)
- [NY Times, Aug. 2004](#)

## ***Bruce Chorpita***

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**Expertise:** Evidence-Based Practice

**Other Areas of Expertise:**

- Child and Adolescent Mental Health Service Systems, Training and Mental Health Workforce Issues

**Titles/Positions:**

- Professor of Psychology, Psychiatry and Biobehavioral Sciences, University of California, Los Angeles

**Contact Information:**

[chorpita@ucla.edu](mailto:chorpita@ucla.edu)

**Clinical Activities:** licensed psychologist who supervises doctoral and postdoctoral therapists serving youth and families with a variety of mental health concerns.

**Media Link:** [Child F.I.R.S.T.](#)

## ***Dean McKay***

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**Expertise:** Evidence-Based Practice

**Other Areas of Expertise:**

- Obsessive-compulsive and related disorders, Anxiety Disorders, Disgust in Psychopathology, Misophonia

**Titles/Positions:**

- Professor of Psychology, Fordham University

**Contact Information:**

[mckay@fordham.edu](mailto:mckay@fordham.edu)

**Clinical Activities:** direct service delivery for anxiety disorders and obsessive-compulsive related disorders. Extensive experience with these conditions in children and adults.

**Media Links:**

- [Fordham University](#)
- [NY Daily News, March 2017](#)
- [Fordham University News, July 2015](#)

## ***John Weisz***

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**Expertise:** Evidence-Based Practice

**Other Areas of Expertise:**

- Psychotherapy effects in research and in everyday practice settings, Meta-analysis

**Titles/Positions:**

- Professor of Psychology, Harvard University
- Professor, Harvard Medical School

**Contact Information:**

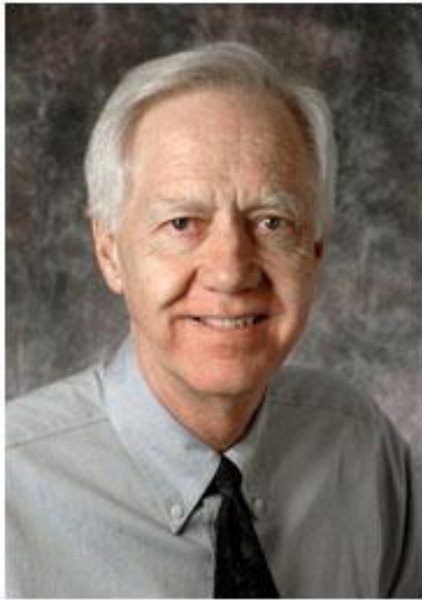
[john.Weisz@harvard.edu](mailto:john.Weisz@harvard.edu)

**Clinical Activities:** not currently offering services, but I am a licensed clinical psychologist providing clinical supervision for treatment of child and adolescent anxiety, depression, and conduct problems.

**Media Link:** [Harvard University](#)

## ***G. Terence Wilson***

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**Expertise:** CBT, Evidence-Based Practice, Eating Disorders

**Titles/Positions:**

- Oscar K. Buros Professor of Psychology, Rutgers University

**Contact Information:**

[tewilson@rci.rutgers.edu](mailto:tewilson@rci.rutgers.edu)

**Clinical Activities:** formerly treated adults with eating disorders, anxiety, and depression.

**Media Link:** [Rutgers University](#)

# Hoarding

***Gail Steketee***

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**Expertise:** Hoarding

**Title/Position:**

- Professor and Dean Emerita, Boston University

**Contact Information:**

[steketee@bu.edu](mailto:steketee@bu.edu)

781-0641-0901

**Clinical Activities:** not currently offering services.

**Media Links:**

- [NPR, May 2010](#)
- [Gracepoint Wellness](#)

# LGBTQ+ Issues

## *John Pachankis*

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**Expertise:** LGBTQ issues

**Titles/Positions:**

Associate Professor of Social and Behavioral Sciences,  
Yale School of Public Health

**Contact Information:**

[john.pachankis@yale.edu](mailto:john.pachankis@yale.edu)

**Clinical Activities:** licensed psychologist; clinical specialties include depression, anxiety, substance use, sexual compulsivity among gay/bi/queer men.

**Media Links:**

- [Yale School of Public Health](#)
- [Huffington Post, March 2017](#)
- [Huffington Post, Feb. 2016](#)

## ***Brian Mutanski***

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**Expertise:** LGBTQ issues

**Other Areas of Expertise:**

- HIV/AIDS Prevention, Epidemiology, Risk Groups

**Titles/Positions:**

- Professor of Medical Social Sciences, Psychiatry, and Psychology, Northwestern University
- Director, Institute for Sexual and Gender Minority Health and Wellbeing, Northwestern University

**Contact Information:**

[brian@northwestern.edu](mailto:brian@northwestern.edu)

**Clinical Activities:** not currently providing clinical care, but I am a licensed clinical psychologist.

**Media Links:**

- [Northwestern University](#)
- [PBS News, Feb. 2017](#)
- [WBEZ 91.5 Chicago, Aug. 2016](#)
- [Reuters, April 2016](#)

# Military and Veteran Mental Health

*Kimberly Hepner*

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**Expertise:** Behavioral health care quality assessment/improvement (MH, SUD); Military and veteran mental health (PTSD, MDD, SUD)

**Title/Position:**

- Senior Behavioral Scientist, RAND Corporation

**Contact Information:**

[media@rand.org](mailto:media@rand.org)  
310-451-6913

**Clinical Activities:** licensed clinical psychologist who delivers evidence-based psychotherapy to adolescent and adult patients.

**Media Links:**

- [RAND Corporation](#)
- [CBS News, Oct. 2016](#)
- [USA Today, Feb. 2016](#)
- [Washington Post, Feb. 2016](#)
- [NY Daily News, Aug. 2015](#)

# Neuroscience Imaging and Mental Health

***Katie McLaughlin***

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**Expertise:** Child Trauma and PTSD;  
Mental Health and Neuroscience/  
Imaging

**Title/Position:**

- Associate Professor, Department of Psychology, University of Washington

**Contact Information:**

[mclaughk@uw.edu](mailto:mclaughk@uw.edu)  
206-616-7863

**Clinical Activities:** assesses and  
treats children exposed to trauma.

**Media Link:** [University Of Washington](#)

# Digital Mental Health Intervention & mHealth

## *Muniya Khanna*

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**Expertise:** Digital Mental Health Interventions, Technology in Mental Health, mHealth

**Title/Position:**

- Founder, Director: OCD & Anxiety Institute
- Research Investigator: Children's Hospital of Philadelphia (CHOP)

**Contact Information:**

[muniya@muniyakhannaphd.com](mailto:muniya@muniyakhannaphd.com)  
[linkedin.com/in/muniya-khanna-phd](https://www.linkedin.com/in/muniya-khanna-phd)

**Clinical Activities:** Licensed clinical psychologist offering evaluations and treatment for adults and youth with Anxiety, OCD, and related disorders through the OCD & Anxiety Institute.

**Media Links:**

- [muniyakhannaphd.com](http://muniyakhannaphd.com)
- [ocdandanxietyinstitute.com](http://ocdandanxietyinstitute.com)
- [worrywisekids.com](http://worrywisekids.com)
- [CopingCatParents.com](http://CopingCatParents.com)
- [New Harbinger Press](http://NewHarbingerPress.com)

**Digital Mental Health Programs:**

- [Child Anxiety Tales](http://ChildAnxietyTales.com) – online parent-training for parents of children with anxiety
- [Camp Cope-A-Lot](http://CampCopeALot.com) – online CBT for children with anxiety
- [CopingCatParents.com](http://CopingCatParents.com) – online tools and resources for parents of children with anxiety

# Technology & Mental Health

*John Torous*

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**Expertise:** New technology and mental health

**Title/Position:**

- Co-Director, Digital Psychiatry Program at Beth Israel Deaconess Medical Center, Harvard Medical School

**Contact Information:**

[jtorous@bidmc.harvard.edu](mailto:jtorous@bidmc.harvard.edu)

**Clinical Activities:** diagnoses and treats patients of all disorders and ages (except children) in the psychiatric hospital unit.

**Media Links:**

- <http://www.johntorousmd.com/>
- [Buzzfeed, May 2017](#)
- [MIT Technology Review, April 2017](#)
- [NY Times, Nov. 2016](#)

# OCD-Adults

*Jon Abramowitz*

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**Expertise:** Anxiety in Adults, including OCD

**Other Areas of Expertise:**

- Anxiety, panic, health/illness anxiety, social anxiety, phobias, CBT, DSM-5

**Title/Position:**

- Professor and Associate Chair of Psychology and Neuroscience at UNC Chapel Hill & Director of the UNC Anxiety Clinic

**Contact Information:**

[jabramowitz@unc.edu](mailto:jabramowitz@unc.edu)

919-843-8170

**Clinical Activities:** diagnoses, consults, and treats anxiety and related disorders including OCD in adults and families.

**Media Links:**

- <http://www.jabramowitz.com/>
- [UNC Chapel Hill](#)

## ***Bunmi Olatunji***

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**Expertise:** OCD and Anxiety in Adults

**Other Areas of Expertise:**

- Anxiety, panic, health/illness anxiety, social anxiety, phobias, CBT, ERP

**Title/Position:**

- Professor, Department of Psychology and Psychiatry at Vanderbilt University

**Contact Information:**

[olubunmi.o.olatunji@vanderbilt.edu](mailto:olubunmi.o.olatunji@vanderbilt.edu)

615-322-0060

**Clinical Activities:** Licensed clinical psychologist who provides supervision of clinicians delivering evidence-based treatment of adult patients with OCD and anxiety-related disorders.

**Media Links:**

- [https://www.vanderbilt.edu/psychological\\_sciences/bio/bunmi-olatunji](https://www.vanderbilt.edu/psychological_sciences/bio/bunmi-olatunji)
- <https://rogersbh.org/staff/bunmi-o-olatunji>

# Opioid Use

***Kathryn McHugh***

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**Expertise:** Opioids, substance use disorders

**Other Areas of Expertise:** Anxiety, CBT

**Titles/Positions:**

- Associate Psychologist, Substance Use Disorders Division
- Assistant Professor of Psychology, Department of Psychiatry

**Contact Information:**

[kmchugh@mclean.harvard.edu](mailto:kmchugh@mclean.harvard.edu)

**Clinical Activities:** not currently offering services.

**Media Links:**

- [WBUR](#)
- [Brain Facts](#)

# Parenting

***Alan Kazdin***

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**Expertise:** Disruptive Behavior and Parenting

**Other Areas of Expertise:**

- Child rearing practices, Handling child anxiety, Fostering parent-child communication, Spanking, Alternatives to punishment; Adolescent development and parenting, Bullying, Stress and its psychological and biological impact (adults, children), Children and adolescents and the media (e.g., video games, internet, the news, reliance on phones and tablets), Managing divorce (e.g., conflict, custody), Child psychiatric disorders, Mental health services for adults in the US, Psychological treatments for adults and children, School shootings, Child abuse, Parent abuse, Domestic violence.

**Titles/Positions:**

- Sterling Professor of Psychology and Child Psychiatry, Yale University
- Director of the Yale Parenting Center

**Contact Information:**

[alan.kazdin@yale.edu](mailto:alan.kazdin@yale.edu)

**Clinical Activities:** not currently offering services.

**Media Links:**

- [alankazdin.com](http://alankazdin.com)
- [Yale Parenting Center](#)
- [TODAY Show, 2014](#)
- [The Wall Street Journal, Dec. 2012](#)
- [Dr. Phil Show, June 2011](#)
- [Big Think, May 2011](#)

# Personality Disorders

***Joshua Buckholtz***

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**Expertise:** Personality Disorders

**Other Areas of Expertise:**

- Addiction, Antisocial Behavior, Psychopathy, Self-Control

**Titles/Positions:**

- Associate Professor of Psychology and Center for Brain Science, Harvard University

**Contact Information:**

[joshuabuckholtz@fas.harvard.edu](mailto:joshuabuckholtz@fas.harvard.edu)

**Clinical Activities:** not currently providing any clinical services.

**Media Links:**

- [Harvard University](#)
- [WBUR, Aug. 2014](#)
- [PBS News, Feb. 2013](#)
- [Mass General Hospital, Oct. 2012](#)

## ***Scott Lilienfeld***

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**Expertise:** Personality Disorders and Pseudoscience

**Titles/Positions:**

- Samuel Candler Dobbs Professor of Psychology, Emory University

**Contact Information:**

[slilien@emory.edu](mailto:slilien@emory.edu)

**Clinical Activities:** a clinical psychologist by training, but am not presently seeing clients. Occasionally does clinical interviewing with patients.

**Media Links:**

- [Emory University](#)
- [Psychology Today](#)
- [NY Times, Sept. 2015](#)

# Pseudoscience

***Scott Lilienfeld***

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**Expertise:** Personality Disorders and Pseudoscience

**Titles/Positions:**

- Samuel Candler Dobbs Professor of Psychology, Emory University

**Contact Information:**

[slilien@emory.edu](mailto:slilien@emory.edu)

**Clinical Activities:** a clinical psychologist by training, but am not presently seeing clients. Occasionally does clinical interviewing with patients.

**Media Links:**

- [Emory University](#)
- [Psychology Today](#)
- [NY Times, Sept. 2015](#)

# Post-Traumatic Stress Disorder- Youth

*Katie McLaughlin*

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**Expertise:** Child Trauma and PTSD, Mental Health and Neuroscience/Imaging

**Title/Position:**

- Associate Professor, Department of Psychology, University of Washington

**Contact Information:**

[mclaughk@uw.edu](mailto:mclaughk@uw.edu)

206-616-7863

**Clinical Activities:** assesses and treats children exposed to trauma.

**Media Link:** [University Of Washington](#)

# Post-Traumatic Stress Disorder- General

***Debra Kaysen***

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**Expertise:** PTSD

**Titles/Positions:**

- Adjunct Professor of Global Health and Psychology, University of Washington
- Professor of Psychiatry & Behavioral Sciences, University of Washington
- Director of the Trauma Recovery Innovations Program at the University of Washington

**Contact Information:**

[dkaysen@uw.edu](mailto:dkaysen@uw.edu)

**Clinical Activities:** treats anxiety and mood disorders, specializing in PTSD treatment, in adults as part of the University of Washington Outpatient Psychiatry clinic.

**Media Links:**

- [University of Washington](#)
- [The Economist, Oct. 2015](#)
- [Reuters, May 2015](#)
- [NY Times, June 2013](#)
- [King 5 News](#)

## ***Richard J. McNally***

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**Expertise:** PTSD

**Other Areas of Expertise:** Anxiety Disorders

**Titles/Positions:**

- Professor and Director of Clinical Training, Department of Psychology, Harvard University

**Contact Information:**

[rjm@wjh.harvard.edu](mailto:rjm@wjh.harvard.edu)

**Clinical Activities:** not currently seeing patients.

**Media Links:**

- [Harvard University](#)
- [NY Times, Sept. 2016](#)
- [NY Times, Nov. 2014](#)
- [LA Times, Nov. 2007](#)
- [NY Times, March 2004](#)

# Self-Injury & Suicide

***Matthew Nock***

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**Expertise:** Self-injury & Suicide

**Titles/Positions:**

- Professor of Psychology, Harvard University

**Contact Information:**

[nock@wjh.harvard.edu](mailto:nock@wjh.harvard.edu)

**Clinical Activities:** a licensed clinical psychologist but not currently seeing patients.

**Media Links:**

[Harvard University](#)

[PBS News, Sept. 2016](#)

[NY Times, June 2013](#)

[Harvard Magazine, Feb. 2011](#)

[MacArthur Foundation](#)

# Mental Health Stigma

## *Stephen Hinshaw*

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**Expertise:** Mental Health Stigma

**Other Areas of Expertise:**

- Learning and behavior disorders beyond ADHD, Clinical trials of psychosocial and pharmacologic treatments, Stigma surrounding mental illness

**Titles/Positions:**

- Professor of Psychology, UC Berkeley
- Professor of Psychiatry, UC San Francisco

**Contact Information:**

[hinshaw@berkeley.edu](mailto:hinshaw@berkeley.edu)

**Clinical Activities:** not currently offering services.

**Media Links:**

- [KQED Radio, July 2017](#)
- [KERA Think, July 2017](#)
- [NBC News, Dec. 2014](#)
- [NY Times, Feb. 2014](#)
- [Hinshaw Lab](#)

# Substance Abuse

***Kenneth J. Sher***

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**Expertise:** Substance Abuse

**Other Areas of Expertise:**

- Etiology of alcohol dependence, psychopharmacology of alcohol, prospective research, nosology and diagnosis, psychiatric comorbidity, personal and psychopathology.

**Title/Position:**

- Curators' Distinguished Professor of Psychological Sciences, University of Missouri

**Contact Information:**

[sherk@missouri.edu](mailto:sherk@missouri.edu)  
573-882-4279

**Clinical Activities:** not currently seeing clients.

**Media Links:**

- [University of Missouri-Columbia](#)
- [NIAAA News, June 2017](#)
- [CNN, Sept. 2013](#)
- [Science Daily, Aug. 2011](#)